Penance approach remedy for reducing wicked planets effect

14 thousand years back, there was only one sun in whole cosmos. There is big explosion and almost 10000 or 50000 suns formed. Our sunlight is one sun. Again surge took place, planets were divided from our sun. You can find 14 or 15 planets around our sun. World is one planet.

Each world is huge deal of power spinning around sun. Earth is also one world spinning around sun. While rotating, these planets generate various vibrations in 12 different signals of zodiac. Sages discovered with higher understanding, that the planets give various brings about people borne at differing times per day or month. Additionally they unearthed that the every specific is also tiny energy area like every planet. The energy field of an individual can be increased by performing tapas (penance) for some years, observing intercourse and food disciplines.

Pranic power or divine energy or quantum energy is distribute through the entire universe. Every individual also has a moment level of that pranic energy. Kundalini washing is crucial to trigger pranic power or heavenly power in virtually any individual. A person has to stop the foodstuff goods stated below. They are dairy products, etc. Simultaneously, an individual has to chant Om Namah sivaya mantra ,while ranking just like a cow on four legs. That is semi inverted position. A person can chant any mantra, which he likes. He needs to stay in that cow create for just two min and chant mantra which he likes. Then has to get rest for 3 min. He/she has to do like that for 6 times each morning and 6 occasions in the evening/night. After every two minute chanting in cow create, he has to take sleep for 3 mins. You want to do penance for 6months or 12 months in the next way. People are busy viewing that temple and that temple.

An idol in a forehead gets energy only each time a st offers his power to it via a yantra, through tantra sastra. Every person can have gathered sins and benefits, from his forefathers and fore-mothers. Genes show the disorders in his body. Horoscope reveals the accumulated sins of the person. Penance involves sex control and diet discipline. Penance eliminates the sins or pessimism in your genes, inherited from your forefathers and fore-mothers.

St practices(sadhanas) strategy or horoscope washing method from India.

Horoscope washing method. You ought to straight away prevent

- 1. all types of dairy items
- 2.all kinds of sweets made of sugar, jaggery, baby,
- 3.all sweet fruits,
- 4.nonveg,fish,eggs,liquors,
- $5. all\ types\ of\ protein\ sprays, dried\ fruits, cashewnuts, nuts, pistha, walnuts$
- 6.all medicines.

About the Author

In ancient India, leaders and smart everyone was performing penance or austerities for one or two decades, to reduce the negativity of planets in the horoscope and boost the performance of planets which are placed well regarding <u>Today Panchang</u>. Easy remedies like wearing a important rock ,visiting sacred areas or doing rituals or homams will not have effect on the horoscope. You can achieve your targets and obtain ambitions by performing penance.

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